













ShabbatUK is a wonderful opportunity for your community to think about how you can become more environmentally friendly, in line with changes you might be making as part of the Dorot initiative which is supported by the Chief Rabbi. If you are planning a ShabbatUK Challah Make, here are a few tips to get you started:

1. Look at what you Already have

This might be supplies left over from previous Challah Makes, or equipment which you already have in your community. It is always a good idea to make use of what you already havereusing supplies means that less waste is created. You might already have some:

- Aprons use any aprons you already have, or tell everyone to bring their own
- Mixing bowls
- Gloves
- · Baking paper
- Cups it is best to use existing glasses or mugs which are non-disposable

2. IF YOU MUST BUY SOMETHING, THINK ABOUT ORDERING FROM THESE PLACES

If you don't have all the equipment ready to hand, then it might be useful to order some supplies which can be used for the Challah Make this year, and for future Challah Makes as well, or which are biodegradable instead of plastic. Click the links below to order any of the following items:

- 100% Cotton White ShabbatUK Apron
- Stainless steel mixing bowls
- 100% compostable and biodegradable gloves
- Compostable, bleach and chlorine-free baking paper
- Biodegradable paper cups



3. WHERE DOES YOUR WHEAT COME FROM?

Have you ever wondered about the impact your wheat has on the environment? Here is your opportunity to gain a greater insight from Sadeh Farm.





