

The Great Challah Makes Shopping list

This guide will provide all the information needed for your communities ShabbatUK Challah make!

You'll find a list of all the **essential ingredients and other supplies** that you'll want to buy to ensure everyone at your event is able to make delicious challahs.

Under each specific ingredient, we have shown you the amounts you will require according to the expected number of attendees at your Challah Make events. All of the amounts provided are based on ShabbatUK's tried and tested challah recipe which should make 6 medium sized challot per person.

Ingredients

1.5 kg strong white flour
3 sachets of dried yeast
3 eggs
9 tablespoons sugar
3 tablespoons oil
3 teaspoons salt
750ml water

Other things you will need

4L mixing bowl
Aluminium baking trays
Paper table covers role
Baking parchment roll
Paper Cups or permanent cups, if available
Aprons from home, for those who want to wear aprons



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Ingredients

Strong White Flour

- To make 6 medium challah, each person will need 1.5kg strong white flour
- The cheapest is at **Aldi** at **59p for a 1.5kg bag** and **Asda** at **60p per 1.5kg bag**
- Here are the amounts you will need for the different sized events.

Number of people	Flour needed (kg)	Number of 1.5kg bags needed	Total cost of strong white flour at the cheapest price (59p)
1	1.5	1	£0.59
25	37.5	25	£14.75
50	75	50	£29.50
75	112.5	75	£44.25
100	150	100	£59.00
250	375	250	£147.50
500	750	500	£295.00

Yeast

- 1 person needs 3 s sachets.

Number of people	Number of Sachets needed	Packs of 8 needed	Cost
1	3	1	£0.59
25	75	525	£5.90
50	150	1050	£11.21
75	225	1575	£17.11
100	300	2100	£22.42
250	750	5250	£55.46
500	1500	10,500	£110.92

Eggs

- For one person to make 6 medium challahs it requires 3 whole eggs
- The cheapest free range eggs are from **Aldi**
- The 'Merevale Medium' eggs cost **79p for a 6-pack** and **£1.49 for a 12-pack**. You can also get a 15-pack of 'mixed size' eggs
- **IMPORTANT: Make sure you buy extra eggs for egg wash to brush over your challah before baking – you need approx. 1 egg per person for this.**

Brown eggs tend to be much cheaper, and are hallachically permitted, however you should be more careful when checking for bloodspots!

Number of people	Eggs needed	Packs of eggs needed	Total cost
1	3	1 x 6-pack	£0.79
25	75	6 x 12-pack, 1 x 6-pack	£9.73
50	150	12 x 12—pack, 1 x 6 pack	£18.67
75	225	19 x 12-pack	£28.31
100	300	25 x 12-pack	£37.25
250	750	62 x 12-pack, 1 x 6-pack	£93.17
500	1500	125 x 12-pack	£186.25

Granulated Sugar

- The cheapest **1kg** bags of sugar are from **Aldi**, **Asda**, **Lidl**, and **Tesco** at **65p**.
- **Tesco** and **Asda** also sell **2kg** bags for **£1.25**, which might save a small amount of money depending on the amount of challah makers
- To make 6 medium challah each, you need 9 tablespoons of sugar per person. 9 tablespoons of sugar = 108g per person.

Number of people	Amount needed (kg)	Number of 1kg bags needed	Cost	Number of 2kg bags needed	Cost
1	108g	1	£0.65	1	£1.25
25	2.7kg	3	£1.95	2	£2.50
50	5.4kg	6	£3.90	3	£3.75
75	8.1kg	9	£5.85	5	£6.25
100	10.8kg	11	£7.15	6	£7.50
250	27kg	27	£17.55	14	£17.50
500	54kg	54	£35.10	27	£33.75

Salt

- Each person needs 3 teaspoons of salt – approx. 5g each.
- All salt is permitted, **Asda, Aldi, Tesco, Sainsburys** are the cheapest at 27p for 750g. **Morrisons** also sells salt and 29p for 750g

Number of people	Amount needed (g / kg)	number of 750g salts needed	total cost of salt at cheapest 27p
1	5g		
25	125g	1	27p
50	250g	1	27p
75	375g	1	27p
100	500g	1	27p
250	1250g	2	54p
500	2500g	4	£1.08

Sunflower Oil

- To make 6 medium challot, you need to use 3 tablespoons of oil (sunflower oil is fine)
- 3 tablespoons of oil = approx. 55ml
- Sunflower oil is available in most supermarket chains. **Aldi, Tesco and Sainsburys** do the cheapest **1L bottles**, at **1.09** each.
- Sainsburys also offer sunflower oil in 2L bottles for £3. With the small amount of oil you'll need for your challah, buying the bigger bottles are not going to save much money, but it is up to you to decide.

Number of people	Amount needed (ml / L)	Number of 1L bottles needed	Cost	Number of 2L Bottles needed	Cost
1	55ml	1	£1.09	1	£3
25	1.4L	2	£2.18	1	£3
50	2.8L	3	£3.27	2	£6
75	4.2L	5	£5.45	2	£6
100	5.6L	6	£6.54	2	£6
250	14L	14	£15.26	5	£15
500	28L	28	£30.52	6	£30

Materials

4L mixing bowl

- You will need a 4L mixing bowl per person. The following link seems to be the best place to source them, at **79p each**:
<https://www.mxwholesale.co.uk/clear-mixing-bowl.html>

Aluminium baking trays

- Coppice Alupack will do large trays 527mm x 326mm (37mm depth) for 45p per tray + packaging. They also have many other sizes available which you may want to choose which should be cheaper considering the above option for **45p** is one of their largest sizes. Just mention your order is for ShabbatUK!
<https://www.coppicealupack.com/product/290tpl>

Paper table covers

- Swantex White embossed paper banquet roll 100m x 115cm are available for **£15** from the following link:
<https://licensedtrade.net/product/swantex-white-banqueting-roll/>

Baking parchment roll

- This link seems to be the best place – Caterwrap baking parchment **45cm x 75m roll for 5.99**. This is enough for about 150-200 people:
[Caterwrap Baking Parchment](#)

Paper Cups

- Here Paper cups come in **packs of 100 for £12.54**, or in packs of **500 for £44.36** (but with a £6 delivery fee) at this link:
<https://www.catering24.co.uk/disposable-cups/8oz-100-recyclable-cup-double-walled-party-pack-100rc08.html>

(NB: the above are only suggested websites and supermarkets, we have no relationship with them and cannot take responsibility for ordering, delivery and service. Please check you are happy and trust them prior to ordering)